

GENERAL INFORMATION

CCDSummer Programs are located on Cincinnati Country Day School's beautiful 62-acre campus. The campus features expansive athletic fields, gymnasiums, performing arts theater, all-weather track, multi-age playgrounds, dining facility, 7-court tennis complex, amphitheater, hiking trails, and natural outdoor classrooms.

Whatever your interests — from technology, sports, or acting to day camps — CCDSummer programs offer opportunities for children ages 12 months – adults. ***New this summer, Parent and Child classes that explore and nurture through nature are being offered for children ages 12 – 24 months.***

Programs run during the months of June through August. Course offerings and day camps have been scheduled to allow you to develop a summer schedule full of excitement, fun, and personal growth!

- A separate online form must be submitted for each registrant. Registrations are not accepted by any means other than the online forms.
- CCDSummer Programs has partnered with the University of Cincinnati's College-Conservatory of Music Preparatory Department (CCM Prep), Challenger Sports, Get Sharp Soccer, Cincinnati Museum Center, and Princeton Review. Registration for these programs is through their own websites.
- Camp and class sizes are limited and registration is on a first-come, first-served basis.
- Camp and course placement is based on entering grade/program for the 2017-18 school year or age by June 1st.
- Course enrollment will be evaluated two weeks prior to the start date (30 days for courses for credit) to determine if enrollment is sufficient for the course to proceed. CCDSummer Programs reserves the right to cancel any course that has insufficient enrollment. Should a course be cancelled, registrants will receive a full refund of course fees paid.
- A \$25 non-refundable registration fee is required for each participant.
- Payment in full by credit card, debit card, or e-check is due at the time of registration. We accept MasterCard, Visa, Discover, American Express, and e-checks (ACH).
- Cancellations must be submitted in writing (email) 14 days prior to the start of a program. Cancellations made prior to 14 days of the starting date of a program will result in a 90% refund of the program fee.
- Cancellations made within 13 days or fewer of the start date of a program will result on no refund.
- No refunds will be issued for withdrawals for any reason, including illness, within two weeks of the program start date.
- There are no pro-rated fees or make-up days given for missed days.
- Emergency Medical Authorization forms are required for all registrants. Day camp and Summer PE registrants must have a Student Medical Record Form on file prior to the first day of the program. Current CCDS students are exempt.
- The Lower School building, Early Childhood Center, and a designated area in the Dining Terrace are zoned "nut-free" to accommodate those with severe nut allergies.
- Cincinnati Country Day School does not discriminate on the basis of race, color, creed, sex, gender identity, sexual orientation, disability, age (40 or over), national origin, ancestry, or military service/veteran's status in the administration of its educational programs and policies, admission decisions, tuition aid programs, employment practices and benefits, athletic, or other school-administered programs.

ATHLETIC COURSES

CCDSummer Program courses offer week long (half or full day) athletic options specifically created to provide a variety of experiences for preschool age campers to adults. These courses provide an opportunity for participants to create a variety of unique experiences over the summer. The varied schedules allow campers to tailor a full summer geared towards interests or simply enjoy a wide variety of experiences.

ATHLETIC COURSES

Basketball Skills

Grades 1 - 4

Dates: 6/26/2017 - 6/30/2017

Times: 3:30 - 5:30 pm

Instructor: Greg Ross, CCDS Varsity Basketball Coach

Course Fee: \$150

Description: This skills camp will teach players the fundamentals needed to play the game of basketball. Players will work on their passing, dribbling, and shooting skills through fun drills and games. Each player will leave camp with more confidence in their ability and skill set as they take to the court.

Campers should come with a pair of proper athletic shoes and a water bottle.

Basketball Skills

Grades 5 – 8

Session I:

Dates: 6/26/2017 - 6/30/2017

Times: 5:30 – 7:30 pm

Session II:

Dates: 7/10/2017 - 7/14/2017

Times: 5:30 - 7:30 pm

Instructor: Greg Ross, CCDS Varsity Basketball Coach

Course Fee: \$150 per session

Description: This skills camp will teach players the fundamentals needed to play the game of basketball. Players will work on their passing, dribbling, and shooting skills through fun drills and games. Each player will leave camp with more confidence in their ability and skill set as they take to the court.

Campers should come with a pair of proper athletic shoes and a water bottle.

British Soccer Half Day Camp

Register at:

<https://challenger.configio.com/ShoppingCart.aspx?com=detailview&imp=f&iid=118982&&returncom=productlist>

Ages 5 - 13

Dates: 6/26/2017-6/30/2017

Morning Session: 9 am - Noon

Afternoon Session: 1 – 4 pm

Instructor: Challenger Sports

Course Fee: \$183 per session

Description: Be part of nearly 120,000 players to participate in the largest, most popular soccer program in the USA and Canada. Professional British soccer coaches will deliver an innovative camp curriculum integrating core techniques, individual foot skills, small-sided games, tactics, cultural education, and fun.

Campers should come dressed wearing soccer cleats, shin guards, and sunscreen, as well as bringing a water bottle. T-shirt and soccer ball are included.

British Soccer Full Day Camp

Register at:

<https://challenger.configio.com/ShoppingCart.aspx?com=detailview&imp=f&iid=118982&&returncom=productlist>

Ages 8 - 13

Dates: 6/26/2017 - 6/30/2017

Times: 9 am - 4 pm

Instructor: Challenger Sports

Course Fee: \$280

Description: Be part of nearly 120,000 players to participate in the largest, most popular soccer program in the USA and Canada. Professional British soccer coaches will deliver an innovative camp curriculum integrating core techniques, individual foot skills, small-sided games, tactics, cultural education, and fun. Lunch provided.

Campers should come dressed wearing soccer cleats, shin guards, and sunscreen, as well as bringing a water bottle. T-shirt and soccer ball are included.

Get Sharp Elite Technical Skills Half Day Soccer Camp

Register at: www.getsharpsoccer.com

Ages 8 - 15

Dates: 7/24/2017 - 7/28/2017

Times: 9 am - Noon

Instructor: Andre Sharpe

Course Fee: \$225 (Early bird, sibling, and multi-camp discounts available)

Description: Get Sharp Soccer invites your player to join the 2017 Elite Technical Skills Soccer Camp. This camp is a great place for any soccer enthusiast who is looking to improve his or her skills, make new friends, and have fun! Our mission is to provide athletes with the tools to get better and enjoy soccer for life, offering coed programs that are safe, healthy, and supportive.

The half day camp includes our daily player awards and skill building activities. Field players will focus on speed of play, creating opportunities, one versus one, attacking, dribbling, finishing, and applying pressure. Keepers will focus on angles, position, anticipation, distribution, handling, diving, and parrying. Our half day campers depart after an intense morning session, just before lunch.

Summer is the ideal time to take your game to the next level, and improving technical skills is the best way to get there!

Get Sharp Elite Technical Skills Full Day Soccer Camp

Register at: www.getsharpsoccer.com

Ages 8 - 15

Dates: 7/24/2017 - 7/28/2017

Times: 9 am - 4 pm (Monday – Thursday) and 9 am – Noon (Friday)

Instructor: Andre Sharpe

Course Fee: \$335 (Early bird, sibling, and multi-camp discounts available)

Description: Get Sharp Soccer invites your player to join the 2017 Elite Technical Skills Soccer Camp. This camp is a great place for any soccer enthusiast who is looking to improve his or her skills, make new friends, and have fun! Our mission is to provide athletes with the tools to get better and enjoy soccer for life, offering coed programs that are safe, healthy, and supportive.

The full day camp includes daily player awards, morning skill building, lunch, break-out sessions, afternoon scrimmages, and many other fun activities. Breakout sessions include movies and discussions regarding game day nutrition, mental preparation, and college recruitment. Field players will focus on speed of play, creating opportunities, one versus one, attacking, dribbling, finishing, and applying pressure. Keepers will focus on angles, position, anticipation, distribution, handling, diving, and parrying.

Summer is the ideal time to take your game to the next level, and improving technical skills is the best way to get there!

Get Sharp Futsal Half Day Summer Camp

Register at: www.getsharpsoccer.com

Ages 8 – 15

Dates: 7/17/2017 - 7/20/2017

Times: 9 am - noon (Monday – Thursday)

Instructor: Andre Sharpe

Course Fee: \$150 (Early bird, sibling, and multi-camp discounts available)

Description: Get Sharp Soccer invites your player to join the 2017 Futsal Summer Camp 2. Our summer futsal training program is designed for outside play on a tennis court using smaller and heavier futsal balls. This creates a fast paced, highly technical, and dynamic game with players focused on creativity and possession of the ball, primarily on their feet.

Get Sharp Futsal training quickly develops mastery on the ball and improved reflexes within the game. The increased weight keeps the ball in play longer and the smaller court size forces quicker reactions in the game. Get Sharp limits the number of players at the Summer camp, ensuring that players receive individualized attention. Players will routinely be forced into one-on-one situations and taught the techniques for beating their opponent with creativity, finesse, and style. Players will rapidly build confidence through routine and repeated exercises on the ball that can only be developed in the environment we create.

The half day camp will include daily player awards, morning skill building, and individualized games. Our futsal camp will focus on individual development of dribbling, fakes, feints, and ball mastery. In addition to improved footwork, our training also incorporates other aspects of the game including receiving, passing, volleying, and finishing. In just four days your player will demonstrate improved first touch and control of the ball. This translates to mastering not only your footwork, but also your opponent!

Get Sharp Futsal Full Day Summer Camp

Register at: www.getsharpsoccer.com

Ages 8 – 15

Dates: 7/17/2017 - 7/20/2017

Times: 9 am – 3 pm (Monday – Thursday)

Instructor: Andre Sharpe

Course Fee: \$250 (Early bird, sibling, and multi-camp discounts available)

Description: Get Sharp Soccer invites your player to join the 2017 Futsal Summer Camp 2. Our summer futsal training program is designed for outside play on a tennis court using smaller and heavier futsal balls. This creates a fast paced, highly technical, and dynamic game with players focused on creativity and possession of the ball, primarily on their feet.

Get Sharp Futsal training quickly develops mastery on the ball and improved reflexes within the game. The increased weight keeps the ball in play longer and the smaller court size forces quicker reactions in the game. Get Sharp limits the number of players at the Summer camp, ensuring that players receive individualized attention. Players will routinely be forced into one-on-one situations and taught the

techniques for beating their opponent with creativity, finesse, and style. Players will rapidly build confidence through routine and repeated exercises on the ball that can only be developed in the environment we create.

The full day camp will include daily player awards, morning skill building, individualized games, lunch, movies, afternoon scrimmages, and many other fun activities. Our futsal camp will focus on individual development of dribbling, fakes, feints, and ball mastery. In addition to improved footwork, our training also incorporates other aspects of the game including receiving, passing, volleying, and finishing. In just four days your player will demonstrate improved first touch and control of the ball. This translates to mastering not only your footwork, but also your opponent!

Get Sharp High School Soccer Prep Camp

Register at: www.getsharpsoccer.com

Grades 9 – 12

Dates: 6/19/2017 - 6/22/2017

Times: 5:30 - 8 pm

Instructor: Andre Sharpe

Course Fee: \$200 (Early bird, sibling, and multi-camp discounts available)

Description: Get Sharp Soccer invites your player to join the 2017 High School Prep Soccer Camp. Our experienced coaches have developed advanced technical and tactical training sessions geared for players looking for that extra edge before high school tryouts begin later in the Summer.

The Get Sharp Soccer program places emphasis on the correct repetition of technical skills at a high intensity. Individuals will be put into a challenging environment that forms solid training habits. Most importantly, our program encourages players to develop to their full potential and provides a fun and rewarding experience.

The majority of activities will be “on the ball” with the objective of increasing the quality of touches and decision making in the game. Training will focus on improving skills including passing, dribbling, shooting, and finishing (emphasis on proper technique, fine tuning, individual adjustments, and repetition), as well as building fitness through high intensity activities.

This is an ideal opportunity to give your high school player the extra confidence that they need before joining their high school teammates.

Jump Into CCDS Youth Cheer

Grades 1 - 4

Dates: 7/31/2017 - 8/4/2017

Times: 9 am - Noon

Instructor: Kiley Atkins, CCDS Faculty & Daphne Jurgensen, Former NFL Cheerleader

Course Fee: \$150

Description: We've got spirit! Yes, we do! We've got spirit! How about you? This camp is for Cincinnati Country Day students interested in leading school spirit by cheering in the Fall and Winter seasons. This fun-filled week will teach dance, cheer motions, basic tumbling, jumps, stunts, sideline chants, and pom skills. In addition to these technical skills, campers will work on developing confidence in front of crowds and other performance skills, with a focus on teamwork. Camp is designed for both beginners and experienced cheerleaders. Boys and girls are welcome!

Tennis for Tots

Age 4 - Kindergarten

Session I:

Dates: 7/24/2017 - 7/28/2017

Session II:

Dates 7/31/2017 – 8/4/2017

3:30 - 4:30 PM

Instructor: Kathy Blum, CCDS Faculty

Course Fee: \$100

Description: Tennis for Tots provides a basic introduction to the game of tennis through a blend of fun activities, skill games, and one-on-one instruction. Camp is held on the beautiful, state-of-the-art Gordon R. Wright Tennis Complex where participants will be introduced to the mechanics of tennis. Emphasis will be placed on proper racket hold/grip, court awareness, and ground strokes. Campers should come with a pair of proper tennis shoes, racket, and a water bottle.

Totally Terrific Tennis

Grades 1 - 6

Session I:

Dates: 7/24/2017 - 7/28/2017

Session II:

Dates 7/31/2017 – 8/4/2017

Times: 3:30 - 5:30 PM

Instructor: Kathy Blum, CCDS Faculty

Course Fee: \$150

Description: This beginner/advanced beginner tennis camp introduces as well as reinforces skills and techniques through a combination of fun activities, drills, and individualized instruction. Camp is held on the beautiful, state-of-the-art Gordon R. Wright Tennis Complex where an emphasis will be placed on court awareness, basic skills, ground strokes, service, and volleying. In addition to the above skills,

advanced beginner players will focus on defensive play and both single and double strategies. Campers should come with a pair of proper tennis shoes, racket, and a water bottle.

Track and Field

Grades 3 - 9

Dates: 6/12/2017 - 6/16/2017

Times: 3:30 - 5:30 pm

Instructor: Steve Conner, CCDS Faculty

Course Fee: \$150

Description: The CCDS Track and Field camp will provide detailed instruction on Sprints, Hurdles, Jumps (long and high jump), Throws (shotput and discus), and Pole Vaulting. During each training session, campers will focus on form and technique leaving camp with increased track and field knowledge, new friends, and a love for the sport!

Volleyball Basics

Grades 5 - 6

Dates: 7/10/2017 - 7/14/2017

Times: 3:30 - 5:30 pm

Instructor: Tom Cote, CCDS Faculty

Course Fee: \$100

Description: The goal of this coed course is to learn the basic skills of volleyball to improve your overall game through both technical training and repetitive work. We will spend time on serving, passing, setting, and hitting.

- Serving will focus on the toss, footwork and arm swing.
- Passing will focus on movement to the ball, body position, and follow through.
- Setting will focus on moving to the ball, hand position, follow through, and the different types of game sets.
- Hitting will focus on transition to the hitting position, the approach, arm swing, and follow through.

Volleyball Basics

Grades 7 - 8

Dates: 7/17/2017 - 7/21/2017

Times: 3:30 - 5:30 pm

Instructor: Tom Cote, CCDS Faculty

Course Fee: \$100

Description: The goal of this coed course is to learn the basic skills of volleyball to improve your overall game through both technical training and repetitive work. We will spend time on serving, passing, setting, and hitting.

- Serving will focus on the toss, footwork and arm swing.
- Passing will focus on movement to the ball, body position and follow through.

- Setting will focus on moving to the ball, hand position, follow through, and the different types of game sets.
- Hitting will focus on transition to the hitting position, the approach, arm swing, and follow through.

Yoga Camp

Kindergarten - Grade 4

Dates: 7/24/2017 - 7/27/2017 Days: Monday - Thursday

Times: 3:30 - 5:30 pm

Instructor: Katie Keidel, CCDS Alumnus

Course Fee: \$125

Description: Yoga is a mind & body practice that helps children develop strength, flexibility, and relaxation techniques. In this course, campers will learn poses and breathing practices to help with everyday stress, muscle development, and an overall healthy body/mind. The group will participate in creating yoga musicals and plays. Get ready for some yoga fun.

Yoga Camp

Grades 5 – 8

Dates: 7/31/2017 – 8/3/2017 Days: Monday – Thursday

Times: 3:30 - 5:30 pm

Instructor: Katie Keidel, CCDS Alumnus

Course Fee: \$125

Description: Yoga is a mind & body practice that helps children develop strength, flexibility, and relaxation techniques. In this course, campers will learn poses and breathing practices to help with everyday stress, muscle development, and an overall healthy body/mind. The group will participate in creating yoga musicals and plays. Get ready for some yoga fun.



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- Camp and class sizes are limited and registration is on a first-come, first-served basis. Early registration is encouraged. Course fees will be refunded if a registrant cannot be scheduled in a program due to space constraints.
- Camp and course placement is based on entering grade/program for the 2017-18 school year or age by June 1st.
- Course enrollment will be evaluated two weeks prior to the start date (30 days for courses for credit) to determine if enrollment is sufficient for the course to proceed. CCDSummer Programs reserves the right to cancel any course that has insufficient enrollment. Should a course be cancelled, registrants will receive a full refund of course fees paid.
- A \$25 non-refundable registration fee is required for each participant. One and only one such registration fee is ultimately payable per person registered. Where necessary we will separately charge or credit your credit card account so that the total registration fee per person registered is exactly \$25.00.
- Payment in full by credit card, debit card, or e-check is due at the time of registration. The sole exception to this policy is that CCDS faculty and staff members may pay by paper check.
- We accept MasterCard, Visa, Discover, American Express, and e-checks (ACH).
- Cancellations must be submitted in writing (email) 14 days prior to the start of a program. Cancellations made prior to 14 days of the starting date of a program will result in a 90% refund of the program fee.
- Cancellations made within 13 days or fewer of the start date of a program will result on no refund.
- No refunds will be issued for withdrawals for any reason, including illness, within two weeks of the program start date.
- There are no pro-rated fees or make-up days given for missed days.
- Refund policies for programs for which registration is on an external website are established by the providers of those programs.
- Emergency Medical Authorization forms are required for all registrants. Day camp and Summer PE registrants must have a Student Medical Record Form on file prior to the first day of the program. Current CCDS students are exempt. We will send these forms by email to registrants from whom they are required.
- The Lower School building, Early Childhood Center, and a designated area in the Dining Terrace are zoned "nut-free" to accommodate those with severe nut allergies.
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- Tours and admission information can be obtained by calling (513) 979-0220.