GENERAL INFORMATION

CCD*Summer* **Programs** are located on Cincinnati Country Day School's beautiful 62-acre campus. The campus features expansive athletic fields, gymnasiums, a performing arts theater, all-weather track, multi-age playgrounds, dining facility, 25-yard, 6-lane pool, 7-court tennis complex, amphitheater, hiking trails, playscape, and natural outdoor classrooms. **CCDSummer 2021** will offer a variety of day camps, courses, and athletic camps for children 18 months through entering grade 12.

Given our successful 2020 summer program and school year, we plan to offer a full in-person program this summer with some modifications. We will continue to strictly adhere to our <u>Covid-19 protocols</u> throughout the summer if the virus is actively spreading. With the high probability of Covid-19 protocols (masking, distancing, cohorting) still in place, we will offer two, four-week sessions for our toddler through entering first grade day camps and weekly options for our older groups. Historically, our camps fill quickly, and we expect there to be a high level of interest in CCDSummer 2021, so we recommend families register as soon as possible. Once camps fill waitlists will be compiled.

PROGRAMMING

- Programs run from June 1 through August 13. Course offerings and day camps have been scheduled to allow you to develop a summer schedule full of excitement, fun, and personal growth!
- Four-week session registration is available for toddlers through entering first grade day campers. At this time, weekly registration is not an option for this age group. We will continue to reevaluate weekly camp enrollment based on prevailing conditions.
- Campers in entering second through sixth grade have the option to register by the session or weekly. This age group has shown their capability to follow the Covid-19 guidelines independently.
- Participation in camps is contingent on a daily pre-camp health screening.
- Some out-of-state and/or international travel could prevent a child from participating due to travel guidelines and the potential for quarantining. Please refer to the following websites for guidance:
 - o Ohio Travel Advisory
 - o <u>CDC's International Travel Guidelines</u>
- Day camp and Summer PE registrants must have a Student Medical Record Form on file before June 1. <u>Current CCDS students are exempt.</u>
- An online Covid-19 waiver is required for all campers.
- All buildings are zoned "nut-free" to accommodate those with severe nut allergies.
- CCDSummer employs a full-time nurse.
- CCDSummer Programs have partnered with iSPACE, New Leaf Kitchen, NIKE US Sports, and Tekulve Acceleration Sports Training.
- Enrollment is evaluated two weeks before the start date (30 days for courses for credit) to determine if registration is enough for the course to proceed. CCDSummer Programs reserve the right to cancel any course that has insufficient enrollment. Should a course be canceled, registrants will receive a full refund of course fees paid.
- Cincinnati Country Day School does not discriminate based on race, color, creed, sex, gender identity, sexual orientation, disability, age (40 or over), national origin, ancestry, or military service/veteran's status in the administration of its educational programs and policies, admission decisions, tuition aid programs, employment practices and benefits, athletic, or other school-administered programs.

DAY CAMPS

Day Camp offers children (ages 18 months through entering grade 6) a summer of creative and unique opportunities that promote growth and encourage discovery in an environment that instills a strong sense of self. Our beautiful 62-acre campus boasts indoor and outdoor learning spaces that promote exploration and collaboration, offering endless possibilities for learning, creativity, and imagination.

Our experienced counselors use our Virtues in Action (Respect, Courage, Integrity, Compassion, and Responsibility) as a guide to create positive and nurturing environments for children to gain knowledge, foster friendships, and take healthy risks, all while igniting curiosity and creativity.

A nutritious lunch and snacks are included, and after camp care is offered to families needing to extend the day.

We are excited to offer various day camp options that include **TOT**al Connections Camp, Discovery Camp, Growing with Nature Adventure Camp, STEM Camp, and Creative Playtime Camp.

PROGRAM INFORMATION

- Four-week session registration is available for toddlers through entering first grade day campers. At this time, weekly registration is not an option for this age group. We will continue to reevaluate weekly camp enrollment based on prevailing conditions.
- Campers entering second through sixth grade have the option to register by the session or weekly. This age group has shown their capability to follow the Covid-19 guidelines independently.
- Participation in camps is contingent on a daily pre-camp health screening.
- Some out-of-state and/or international travel could prevent a child from participating due to travel guidelines and the potential for quarantining. Please refer to the following websites for guidance:
 - o Ohio Travel Advisory
 - o <u>CDC's International Travel Guidelines</u>
- A Camper Information Form and Covid-19 Waiver must be completed online before June 1.
- A Student Medical Record Form must be signed by a physician and on file before June 1. <u>Current CCDS</u> <u>students are exempt.</u>

DAY CAMPS

18 – 38 months	TOTal Connections Camp
Age 3 – Entering Grade 1	Discovery Camp
Age 3 – Entering Grade 1	Growing with Nature Camp
Age 3 – Entering Kindergarten	Creative Playtime Camp
Entering Grade 2 – 6	STEM Camp

DAY CAMP DESCRIPTIONS

TOTal Connections Camp is designed for our youngest campers, 18 – 38 months, to foster their first academic experiences and personal growth connections. The carefully designed environment offers endless possibilities for learning, creativity, and imagination supporting social-emotional development and self-help skills.

Toddler Tops is intended for children turning three between June 30 through December 31 who would benefit from additional social-emotional support or need to strengthen self-help skills, including a concentration on toilet training before entering our ECII program in the fall.

Activities include:

- investigation and discovery
- imaginative play
- nature connection
- creative art
- splash pad water play
- toilet training (if applicable)
- music and movement

Since we cannot safely guarantee social distancing while toddlers are in our pool, we will not include swim instruction as part of the program offering for our Toddler Tops camp attendees.

PROGRAM REQUIREMENTS

• Campers do NOT have to be toilet trained

PROGRAM CALENDAR

Sessions	
Session I: 6/7 – 7/2 Session II: 7/6 – 7/30	
	No camp on 7/5

PROGRAM OPTIONS

- 3 (T/W/TH) or 5 days
- Morning program includes lunch: 8:30 a.m. 12:45 p.m.
- All-Day Program: 8:30 a.m. 3:30 p.m.
- All-Day Program with After Camp care: 8:30 a.m. 5:30 p.m.





PROGRAM PRICING

Program Options	Session Pricing	
3-Day (T/W/TH) Morning w/Lunch Program	\$ 600.00	\$1080.00
8:30 am - 12:45 pm		
3-Day (T/W/TH) All-Day Program	\$ 840.00	\$1512.00
8:30 am - 3:30 pm		
3-Day (T/W/TH) All-Day Program	\$1020.00	\$1836.00
w/After Camp Care 8:30 am - 5:30 pm		
5-Day Morning w/Lunch Program	\$1000.00 Session I	\$1755.00
8:30 am - 12:45 pm *no camp on 7/5	\$ 950.00 Session II *	
5-Day All-Day Program	\$1400.00 Session I	\$2457.00
8:30 am - 3:30 pm *no camp on 7/5	\$1330.00 Session II *	
5-Day All-Day Program w/After Camp Care	\$1700.00 Session I	\$2983.00
8:30 am - 5:30 pm *no camp on 7/5	\$1615.00 Session II *	

Discovery Camp is designed to make learning come alive through active play and exploration for children ages 3 to entering grade 1. Children will participate in a variety of carefully designed and teacher-led experiences through developmentally appropriate activities and play while engaging in real-world and personally meaningful projects.

Session I: 6/7 – 7/2	Session II: 7/6 – 7/30
Project: Dig	Project: Fly

Activities include:

- investigation and discovery
- imaginative play
- nature connection
- creative art
- splash pad water play
- yoga
- swim instruction
 - swimming may be replaced with a different enrichment class; the state of the pandemic and local case rate level will guide the decision

PROGRAM REQUIREMENTS

• Campers MUST be toilet trained



PROGRAM CALENDAR

Sessions		
Session I: 6/7 – 7/2 Session II: 7/6 – 7/30		
	No camp on 7/5	

PROGRAM PRICING

Program Options	Session Pricing	Multi-Session Pricing
3-Day (T/W/TH) Morning w/Lunch Program	\$ 600.00	\$1080.00
8:30 am - 12:45 pm		
3-Day (T/W/TH) All-Day Program	\$ 840.00	\$1512.00
8:30 am - 3:30 pm		
3-Day (T/W/TH) All-Day Program	\$1020.00	\$1836.00
w/After Camp Care 8:30 am - 5:30 pm		
5-Day Morning w/Lunch Program	\$1000.00 Session I	\$1755.00
8:30 am - 12:45 pm *no camp on 7/5	\$ 950.00 Session II *	
5-Day All-Day Program	\$1400.00 Session I	\$2457.00
8:30 am - 3:30 pm *no camp on 7/5	\$1330.00 Session II *	
5-Day All-Day Program w/After Camp Care	\$1700.00 Session I	\$2983.00
8:30 am - 5:30 pm *no camp on 7/5	\$1615.00 Session II *	

Growing with Nature Camp provides experiential and immersive learning opportunities for children ages 3 to entering grade 6 to connect with nature. Our outdoor classroom will teach children to be observers and build an understanding of nature while:

- developing skills and knowledge
- fostering human-nature relationships
- teaching conservation and sustainability
- nurturing health and well-being
- building a sense of community
- supporting age-appropriate risk-taking

Activities include:

- exploration
- gardening
- animal care
- nature art
- healthy life skills
- splash pad water play
- yoga
- swim instruction
 - swimming may be replaced with a different enrichment class; the state of the pandemic and local case rate level will guide the decision

PROGRAM REQUIREMENTS

• Campers MUST be toilet trained

PROGRAM CALENDAR

Sessions	
Session I: 6/7 – 7/2	Session II: 7/6 – 7/30 No camp on 7/5



PROGRAM OPTIONS

- 3 (T/W/TH) or 5 days
- All-Day Program: 8:30 a.m. 3:30 p.m.
- All-Day Program with After Camp care: 8:30 a.m. 5:30 p.m.

PROGRAM PRICING

Program Options	Session Pricing	Multi-Session
		Pricing
3-Day (T/W/TH) All-Day Program	\$ 840.00	\$1512.00
8:30 am - 3:30 pm		
3-Day (T/W/TH) All-Day Program	\$1020.00	\$1836.00
w/After Camp Care 8:30 am - 5:30 pm		
5-Day All-Day Program	\$1400.00 Session I	\$2457.00
8:30 am - 3:30 pm *no camp on 7/5	\$1330.00 Session II *	
5-Day All-Day Program w/After Camp Care	\$1700.00 Session I	\$2983.00
8:30 am - 5:30 pm *no camp on 7/5	\$1615.00 Session II *	

STEM Camp provides a unique learning experience with fun, real-world connections focusing on science, technology, engineering, and math for children entering grade 2 through grade 6. Weekly themes offer innovative learning opportunities through hands-on activities while developing creative problem solvers.

Activities include:

- hands-on STEM activities
- academic blast (grade-level academic reinforcement)
- yoga
- swim instruction
 - swimming may be replaced with a different enrichment class; the state of the pandemic and local case rate level will guide the decision
- on-campus enrichment
 - o off-campus trips will be suspended for CCDSummer 2021 due to the pandemic

PROGRAM CALENDAR

Weeks				
6/7 - 6/11 6/14 - 6/18 6/21 - 6/25 6/28 - 7/2				
7/6 – 7/9 *No Camp on 7/5	7/12 – 7/16	7/19 – 7/23	7/26 – 7/30	



PROGRAM OPTIONS

- 5 days per week
- All-Day Program: 8:30 a.m. 3:30 p.m.
- All-Day Program with After Camp care: 8:30 a.m. 5:30 p.m.

PROGRAM THEMES

Themes		
6/7 - 6/11	Mission Impossible Using puzzles, codes, and riddles, campers will plan and set up an escape room to	
-,	challenge their fellow campers who will collaborate to escape.	
	Thrill Rides	
6/14 - 6/18	Some of the coolest thrill rides are right here in Cincinnati. Imagination and	
	design will soar as campers create their very own coaster. Coding	
6/21 - 6/25	Explore the world of computer science and programming. Campers will study the foundations of computer science: sequence, selection, and repetition.	
	Launching Knowledge to New Heights	
6/28 – 7/2	While learning about projectile motion, aeronautics, gravity, and much more, campers will explore different types of flight.	
7/6 – 7/9	Shark Tank	
*No camp on 7/5	Campers will create, test, design, and redesign projects as they have fun developing the next hottest invention.	
	Rube Goldberg Machine	
7/12 - 7/16	Working in teams to improvise the use of physics and engineering, campers will invent a Rube Goldberg machine – a comically involved, complicated invention, laboriously contrived to perform a simple operation.	
	Green is the New Thing	
7/19 – 7/23	Through the construction of a Power House model kit, campers will explore green-living concepts and sustainable living practices that apply to everyday life.	
7/26 – 7/30	Cardboard Regatta During the cardboard boat project, campers will practice real-world skills of measurement, buoyancy, construction, and teamwork. They will construct a boat made from cardboard, carpet tubes, and duct tape.	

PROGRAM PRICING

Program Options	Weekly Pricing	Session Pricing
5-Day All-Day Program	\$350.00	\$1260.00 Session I
8:30 am – 3:30 pm *no camp on 7/5	\$280.00 *	\$1186.00 Session II *
5-Day All-Day Program w/After Camp Care	\$425.00	\$1530.00 Session I
8:30 am – 5:30 pm *no camp on 7/5	\$340.00 *	\$1453.00 Session II *

POST CAMP

Creative Playtime Camp is a post-camp offering for ages 3 through entering Kindergarten and is designed to extend summer learning for working families. This camp allows children more unstructured playtime, which is critical to developing their brains and bodies. Facilitated exploration and activities will be open-ended and child-initiated, allowing campers the freedom to explore their interests while boosting their creativity skills. Time will be spent at our Outdoor Education Center (7125 House) and throughout our 62-acre campus.

Activities include:

investigation and discovery imaginative play nature connection creative art splash pad water play

PROGRAM REQUIREMENTS

• Must be enrolled for the 2021-2022 academic year.

PROGRAM CALENDAR

Weeks		
8/2 - 8/6	8/9 - 8/13	

PROGRAM OPTIONS

- 5 days per week
- All-Day Program: 8:30 a.m. 3:30 p.m.

PROGRAM PRICING

Program Options	Weekly Pricing
5-Day All-Day Program	\$ 350.00
8:30 am - 3:30 pm	



ACADEMIC COURSES

Cooking and Food Exploration Club: Summer Party Favorites Kindergarten – Grade 4 Dates: 7/19/2021 – 7/23/2021 Times: 9:00 AM – 12:00 PM Instructor: New Leaf Kitchen Course Fee: \$250 Description: When children take part in growing and preparing their own food, they learn new skills and are

more willing to try new foods. This camp will explore foods and the food process from the root up. Campers will make ten healthy snacks using fresh foods to practice food preparation skills and also enjoy hands-on art and gardening activities. Lessons nurture all aspects of learning (physical, cognitive, social/emotional, language arts), and encourage food exploration with all five senses. The course has a minimum enrollment requirement of 12 campers.

Recipes: Coconut Cream Iced Cream, Garden Artichoke Dip, Broccoli Tacos, Herbed Edamame Hummus, Iced Figgy Oat Bars, Banana Cream Milkshakes and many more!

Cooking and Food Exploration Club: All Rolled Up in Summer Kindergarten – Grade 4 Dates: 7/26/2021 – 7/30/2021 Times: 9:00 AM – 12:00 PM Instructor: New Leaf Kitchen Course Fee: \$250

Description: When children take part in growing and preparing their own food, they learn new skills and are more willing to try new foods. This camp will explore foods and the food process from the root up. Campers will make ten healthy snacks using fresh foods to practice food preparation skills and also enjoy hands-on art and gardening activities. Lessons nurture all aspects of learning (physical, cognitive, social/emotional, language arts), and encourage food exploration with all five senses. The course has a minimum enrollment requirement of 12 campers.

Recipes: Cinnamon Rollers, Mashed Pea Pinwheels. Lasagna Roll-Ups, Sticky Rice Rolls, Pesto Pizza Rollers, Rolled Citrus Berry Juicers, and many more!

Cool Chemistry Grades 4 - 6 Dates: 8/2/2021 – 8/6/2021 Times: 9:00 AM – 3:00 PM Instructor: iSPACE Course Fee: \$350

Description: Join our group of mad scientists! Be prepared to brew, blend, and build while exploring bizarre and beguiling experiments. Cool chemistry concepts include acid and bases, chromatography, polymers, boats that run on soap, density, and more! This camp is sure to charm and captivate the chemist in you!

Handwriting and Phonics Bootcamp Kindergarten – Grade 1 Dates: 6/21/2021 – 6/25/2021 Times: 9:00 AM – 12:00 PM Instructor: Kathi Bagnoli, CCDS Faculty Course Fee: \$200

Description: Campers will develop their writing skills using the "Handwriting Without Tears" curriculum to guide a multi-sensory approach to writing basics, including pencil grip, and proper letter formation. They will also review letter sounds and blending words, essential phonics skills to help build a strong foundation for early literacy. The handwriting and phonics activities use a hands-on approach, so children actively learn while engaged in various sensory modalities toward mastering handwriting.

Practical Life Skills Kindergarten – Grade 2 Dates: 7/12/2021 – 7/16/2021 Times 9:00 AM – 12:00 PM Instructor: Kathi Bagnoli and Prissy Schoeny, CCDS Faculty Course Fee: \$225

Description: Everyday life skills are essential for gaining independence and boosting confidence. This active, hands-on week will focus on teaching practical life skills that will equip children for life. Making the bed, helping with laundry, setting the table, meal preparation, table manners, cleaning, and organizing will all be covered during this fun week of learning!

RoboBlast (LEGO® EV3 Robots)

Grades 4 - 6 Dates: 8/9/2021 – 8/13/2021 Times: 9:00 AM – 3:00 PM Instructor: iSPACE Course Fee: \$350 Description: Calling all cadets

Description: Calling all cadets! Enlist in this exciting adventure where campers will work in teams to build and program LEGO[®] MINDSTORM EV3 robots. Combining LEGO robots, daily robotic challenges, a rocket, and new friends is sure to make this camp a blast!

SMArt (Science Meets Art)

Grades 1 - 3 Dates: 8/2/2021 - 8/6/2021 Times: 9:00 AM - 3:00 PM Instructor: iSPACE Course Fee: \$350

Description: What happens when a camper's inner Picasso meets their inner Einstein? The combination will cause reactions that will be filled with oohs and ahhs! Campers will not only discover that science is fun (and messy) but also how science plays an important part in the process of creating art and toys. Campers will also use robotics and coding along with other media to design one-of-a-kind masterpieces!

WeDo 2.0 Camp – Nature Bots Grades 1 - 3 Dates: 8/9/2021 – 8/13/2021 Times: 9:00 AM – 3:00 PM Instructor: iSPACE Course Fee: \$350

Description: Explore the perilous side of nature from the comfort of your...LEGO[®] builds? Using LEGO's newest WeDo 2.0 robotics kits and programming platform, campers will be challenged to come up with solutions for some of the scientific world's most pressing questions. How do we save the bees? How can we prevent coastal flooding? What can we do for earthquake-prone areas? LEGO[®] Engineers will put their brains together to become the scientist of tomorrow! Are you ready to tame nature's fury?

ARTS COURSES

Private Piano Lessons (30 Min) Kindergarten – Grade 12 Dates: 6/7/2021 – 7/30/2021 Times: TBD Instructor: Elena Belfor, CCDS Faculty Course Fee: \$250

Description: Playing an instrument is an excellent way to strengthen eye-hand coordination and fine motor skills. Demonstrating good phrasing, fingering, posture, rhythm, and note readings skills will be a focus during each lesson.

Six half-hour individual lessons will be scheduled throughout the summer and formatted to accommodate all performance levels building upon each individual's musical strengths. Only one make-up lesson is granted during the summer.

Private Piano Lessons (45 Min) Kindergarten – Grade 12 Dates: 6/7/2021 – 7/30/2021 Times: TBD Instructor: Elena Belfor, CCDS Faculty Course Fee: \$375

Description: Playing an instrument is an excellent way to strengthen eye-hand coordination and fine motor skills. Demonstrating good phrasing, fingering, posture, rhythm, and note reading skills will be a focus during each lesson.

Six 45-minute individual lessons will be scheduled throughout the summer and formatted to accommodate all performance levels building upon each individual's musical strengths. Only one make-up lesson is granted during the summer.

SEW Excited for Summer Grades 2 - 6 Dates: 6/21/2021 – 6/25/2021 Times: 9:00 AM – 12:00 PM Instructor: Julia Rutherford, CCDS Community Member Course Fee: \$225

Description: We're *SEW* excited for some summer fun by the pool! Campers will create their own pool cover up, pool bag, sunglasses case, and other summer accessories. They will be the envy of everyone at the pool or on the beach in their one-of-a-kind creations. All this fun while learning the basics of pattern reading and construction, simple hand stitching, and sewing machine use and safety. By the end of the course, campers will have completed up to five projects to take home. All equipment and fabric will be provided.

SEW in Need for Charity – Capes for Kids

Grades 2 - 6 Dates: 6/21/2021 – 6/25/2021 Times: 1:00 PM – 3:30 PM Instructor: Julia Rutherford, CCDS Community Member Course Fee: \$175

Description: Capes are *SEW* awesome! Ever put on a cape and felt just a little stronger or more powerful? Campers will put their sewing skills to use to create Capes for Kids. These capes will be donated to homeless children. Our capes will empower homeless children to tap into their own strength – their imaginations. Our capes will be their daily armor and a tool for believing in themselves. By the end of the course, campers will have done a great service to homeless children everywhere. All equipment and fabric will be provided.

ATHLETIC COURSES

Acceleration Sports Training Grades 4 – 12/Ages 10 – 18 Dates: 6/14/2021 – 6/18/2021 (Tuesday, Thursday) 6/21/2021 – 6/25/2021 (Monday, Wednesday, Friday) Times: 9:00 AM – 12:00 PM Instructor: Jamie Doxsey, Tekulve Trainer Course Fee: \$150

Description: This intensive, five-day acceleration training camp extends over two weeks providing a unique experience that benefits athletes of all levels. Through the use of correct biomechanics, campers will focus on improving speed, agility, quickness, explosiveness, foot coordination while reducing injuries. Campers will work hard and leave with a greater sense of mental toughness, a stronger work ethic, increased mental toughness, and more confidence. Put more in, get more out!

Acceleration Sports Training Grades 4 – 12/Ages 10 – 18 Dates: 7/19/2021 – 7/23/2021 (Tuesday, Thursday) 7/26/2021 – 7/30/2021 (Monday, Wednesday, Friday) Times: 9:00 AM – 12:00 PM Instructor: Jamie Doxsey, Tekulve Trainer Course Fee: \$150

Description: This intensive, five-day acceleration training camp extends over two weeks providing a unique experience that benefits athletes of all levels. Through the use of correct biomechanics, campers will focus on improving speed, agility, quickness, explosiveness, foot coordination while reducing injuries. Campers will work hard and leave with a greater sense of mental toughness, a stronger work ethic, increased mental toughness, and more confidence. Put more in, get more out!

Basketball Skills Co-ed Camp

Grades 1 - 4 Dates: 6/7/2021 – 6/11/2021 Times: 1:00 PM – 4:00 PM Instructor: Greg Ross, Varsity Basketball Coach Course Fee: \$150 Description: This skills camp teaches players the fun

Description: This skills camp teaches players the fundamentals of basketball. Fun drills and games will boost players' passing, dribbling, and shooting skills, so they'll leave camp with more confidence in their abilities when it's time for tip-off.

Basketball Skills Co-ed Camp

Grades 5 - 8 6/7/2021 – 6/11/2021 Times: 1:00 PM – 4:00 PM Instructor: Greg Ross, Varsity Basketball Coach Course Fee: \$150

Description: This skills camp teaches players the fundamentals of basketball. Fun drills and games will boost players' passing, dribbling, and shooting skills, so they'll leave camp with more confidence in their abilities when it's time for tip-off.

CCDSports Camp

Grades 1 - 8 Dates: 6/1/2021 – 6/4/2021 (Tuesday - Friday) Times: 9:00 AM - 3:00 PM Instructors: Dennis Coyle, CCDS Athletic Director and Coaches Course Fee: \$275

Description: The mission of CCDSports Camp is to teach fundamental skills that span multiple sports and boost overall athleticism. Participants will explore and discover skills needed for a variety of sports, leaving camp with a better concept of team and the fundamentals associated with each sport. A typical day will consist of various games and skill-building activities including but not limited to dodgeball, basketball, flag football, soccer, tennis, and whiffle ball.

Football Camp

Grades 1 – 4

Dates: 6/7/2021 - 6/11/2021

Times: 9:00 AM – 12:00 PM

Instructor: Dennis Coyle, CCDS Athletic Director and Varsity Football Coach

Course Fee: \$150

Description: This position focused, skills based camp is designed for players looking to learn or advance their techniques and skills. Players will benefit from quality football instruction and gain confidence as a player on and off the field toward getting game ready! Position skill focuses:

- **Running Backs:** Ball handling, stance, release, faking, ball carrying, running, cutting, blocking, pass receiving.
- **Quarterbacks:** Stance, center exchange, drop back, setting-up, throwing, release, follow through, ball handling, faking, reading defenses, play action passing.
- **Receivers:** Stance, release, pass patterns, running, pass catching, stalk block technique.
- **Offensive Linemen:** Stance, pass protection, run blocking, pulling, center / QB exchange.
- **Defensive Backs:** Stance, alignment, pass coverage, zone and man cover techniques, form tackling, pursuit and run support.
- Inside and Outside Linebackers: Stance, alignment, pass drops, how to read offenses, form tackling, pursuit.
- **Defensive Linemen:** Stance, pass rush, reading offensive linemen, stunt techniques, form tackling, pursuit, reaction drills.

Football Camp

Grades 5 - 8

Dates: 6/7/2021 – 6/11/2021

Times: 9:00 AM – 12:00 PM

Instructor: Dennis Coyle, CCDS Athletic Director and Varsity Football Coach

Course Fee: \$150

Description: This position focused, skills based camp is designed for players looking to learn or advance their techniques and skills. Players will benefit from quality football instruction and gain confidence as a player on and off the field toward getting game ready! Position skill focuses:

- **Running Backs:** Ball handling, stance, release, faking, ball carrying, running, cutting, blocking, pass receiving.
- **Quarterbacks:** Stance, center exchange, drop back, setting-up, throwing, release, follow through, ball handling, faking, reading defenses, play action passing.
- **Receivers:** Stance, release, pass patterns, running, pass catching, stalk block technique.
- **Offensive Linemen:** Stance, pass protection, run blocking, pulling, center / QB exchange.
- **Defensive Backs:** Stance, alignment, pass coverage, zone and man cover techniques, form tackling, pursuit and run support.
- Inside and Outside Linebackers: Stance, alignment, pass drops, how to read offenses, form tackling, pursuit.
- **Defensive Linemen:** Stance, pass rush, reading offensive linemen, stunt techniques, form tackling, pursuit, reaction drills.

Gymnastics Camp Grades 1 - 8 Dates: 6/21/2021 – 6/25/2020 Times: 3:30 PM – 5:30 PM Instructor: Steve Conner, Varsity Gymnastic Coach Course Fee: \$150 Description: Participants will learn basic to intermediate gymnastics skills and skill connections on the floor, beam, bars, and vault. This course works on flexibility and the building blocks for young gymnasts.

Lacrosse Camp Grades 1 - 8 Dates: 6/14/2021 – 6/18/2021 Times: 9:00 AM – 12:00 PM Instructors: AJ Froehlich, Varsity Lacrosse Coach and Director of True Cincinnati Lacrosse Course Fee: \$150

Description: The camp is designed to teach the fundamentals of lacrosse while promoting athleticism, sportsmanship, and teamwork. Beginner and intermediate players will learn or improve all aspects of their game in a positive, fun, challenging environment as they work to develop their full potential both on and off the field.

Lacrosse Camp Grades 1 - 8 Dates: 7/6/2021 – 7/9/2021 (Tuesday – Friday) Times: 9:00 AM – 12:00 PM Instructors: AJ Froehlich, Varsity Lacrosse Coach and Director of True Cincinnati Lacrosse Course Fee: \$120

Description: The camp is designed to teach the fundamentals of lacrosse while promoting athleticism, sportsmanship, and teamwork. Beginner and intermediate players will learn or improve all aspects of their game in a positive, fun, challenging environment as they work to develop their full potential both on and off the field.

Nike Basketball Girls' Camp

Register at: https://www.ussportscamps.com/basketball/nike/nike-basketball-camp-cincinnati Ages 8 – 15 Dates: 6/28/2021 – 7/1/2021 (Monday – Thursday) Times: 9:00 AM – 4:00 PM Instructor: Coach Kyle Pottkotter Course Fee: \$305 Description: The camp will feature a daily emphasis on shooting and fundamental skill development, as well

Description: The camp will feature a daily emphasis on shooting and fundamental skill development, as well as competitions, 3 on 3, and 5 on 5 play. Tips, notes, and instructional videos will be shared via our CoachNow app. Lunch is included.

Nike Basketball Boys' Camp

Register at: https://www.ussportscamps.com/basketball/nike/nike-basketball-camp-cincinnati Ages 8 – 15 Dates: 7/12/2021 – 7/15/2021 (Monday – Thursday) Times: 9:00 AM – 4:00 PM Instructor: Coach Kyle Pottkotter

Course Fee: \$305

Description: The camp will feature a daily emphasis on shooting and fundamental skill development, as well as competitions, 3 on 3, and 5 on 5 play. Tips, notes, and instructional videos will be shared via our CoachNow app. Lunch is included.

Summer Physical Education Course for Credit

Grades 9 - 12 Session I: Dates: 6/1/2021 - 6/11/2021 Times: 8:30 AM - 3:30 PM Session II: Dates: 6/14/2021 - 6/25/2021 Times: 9:00 AM - 3:30 PM Instructor: Steve Conner, CCDS Faculty Course Fee: \$425 per session

Description: This course for credit focuses on the importance of maintaining a health-enhancing level of physical fitness. This course will teach the importance of physical activity through various stages of life, whether it be for health, enjoyment, or competition. Participants will develop and demonstrate skills through a variety of physical activities that meet the Ohio Department of Education Physical Education Standards. Lunch is provided.

COURSE CREDIT: Students who successfully complete one two-week session of Summer PE will earn .25 credit. Failure to meet the course requirements below may result in the student not receiving credit for the course.

COURSE STRUCTURE: Each session runs for a two-week period meeting for 6.5 hours a day. The curriculum covers basketball, flag football, golf, leisure activities, racquet sports, soccer, softball, volleyball, and exercise. **COURSE REQUIREMENTS**: In order for student to receive credit for this course, the following requirements must be met:

- A student must spend a minimum of 60 total hours.
- A student will receive both a letter grade and a pass/fail grade.
- A student may miss no more than 1 class meeting (with instructor's approval).

PARTNERSHIPS









REGISTRATION

REGISTRATION POLICIES

- A separate online form must be submitted for each registrant at <u>www.countryday.net/go/summer</u>.
- A \$25 non-refundable registration fee is required for each participant. One and only one such registration fee is ultimately payable per person registered.
- Camp placement is based on entering grade/program for the upcoming school year or age by June 1.
- Camp and class sizes are limited, and registration is on a first-come, first-served basis. Early registration is encouraged.
- Payment in full by credit card, debit card, or e-check is due at the time of registration. The sole exception to this policy is that CCDS faculty and staff members may pay by paper check.
- We accept MasterCard, Visa, Discover, American Express, and e-checks (ACH).

REFUND POLICY

- Course fees are refunded if the registrant cannot enroll in a program due to space constraints.
- The registration fee is non-refundable.
- Refunds will only be issued for withdrawals related to illness or injury with the submission of a doctor's note before the camper is scheduled to attend.
- There are no pro-rated fees or refunds for campers arriving after the start of the session, leaving before its completion, or missing any time during camp.
- Refunds will not be issued to campers required to quarantine for reasons unrelated to campus exposures (e.g. close contact off-campus, positive family member).
- Refund timeline:
 - Cancelations before May 1 will receive a 90% refund of the course fee
 - Cancelations before May 15 will receive a 50% refund of the course fee
 - Cancelation after June 1 will receive a 50% credit towards summer 2022 of the course fee
- Should we need to cancel or modify camp due to Covid-19, registrants will receive full credit for closed days toward CCDSummer 2022.

