

Dear Country Day Families,

As parents begin planning their spring break travel, we have received a few inquiries about international travel restrictions. Here is some information, both international and domestic, to help with future travel plans. Also, our weekly Covid case report is below.

Updated International Travel Order

Families planning to travel abroad should be aware of the new CDC restriction that was developed to help reduce the introduction and spread of more contagious Covid variants.

Effective January 26, all air passengers arriving to the US from a foreign country must be tested for Covid-19 no more than 3 days before their flight departs and are required to provide proof of the negative result (or documentation of having recovered from Covid-19) to the airline before boarding. The CDC also recommends that travelers get tested 3-5 days after travel **AND** stay home for 7 days or otherwise self-quarantine for 10 days after travel.

Accordingly, Country Day will require students, faculty, and staff who travel internationally to adhere to CDC quarantine guidelines.

The CDC site has a searchable database that provides information of a country's respective risk level (Levels 1-4, low to very high). [Click here to access the travel information by country.](#)

Domestic Travel

If your spring break plans include travel within in the U.S, please check the [Ohio Travel Advisory website](#). Individuals entering Ohio after travel to a state with a 15% or higher positivity rate are required to quarantine.

Also, to help plan domestic travel, you might find the [CDC's Travel Planner](#) useful. Simply enter the zip code of your destination to learn about possible travel restrictions in the area

Weekly Case Report

Below is information detailing on-site Covid cases by division since our last Friday's communication.

Upper School

An 11th grade student reported having symptoms on January 19. He was tested the same day and received a positive test result. Based on contact tracing, it was determined that one sibling, two students on campus, and one student off

GLOBAL HEALTH ALERT: COVID-19

You may have been exposed to COVID-19 while traveling. Even with no symptoms, you can spread the virus to others.

Protect others from getting sick:

- Keep at least 6 ft / 2 m apart from others.
- Wear a mask.
- Wash your hands often.

Watch your health for symptoms.

Take care after travel:

- Get tested at 3-5 days AND stay home for 7 days.
- If you don't get tested, stay home for 10 days.

Whether or not you get tested, avoid being around people at increased risk for severe illness for 14 days.

If you test positive or get sick, isolate yourself from others. www.cdc.gov/COVIDtravel

campus (involving a rec sports team) were in close contact with the affected individual. All were instructed to quarantine for 10 days.

Fortunately, most who contract the virus have mild symptoms, but our thoughts are with the affected individual, and we wish them the best during their period of isolation.

We have updated Country Day's [Covid case dashboard](#) on the school's homepage to reflect recent case and quarantine numbers.

Stay well and stay safe,
The Rapid Response Team

Covid-19 Rapid Response Team

Tina Moulin, Ashley Ward (Co-Chairs)

Dennis Coyle, Jackie Fiora, Theresa Hirschauer

CHALLENGE YOURSELF. BE YOURSELF.

#WeAreCountryDay