



On Monday, April 20, Ohio Governor Mike DeWine announced that all Ohio K-12 schools will remain closed for the current academic year. OHSAA followed suit and canceled the spring sports season. I know this is disappointing as we were all looking forward to watching Country Day athletes compete and represent the school.

It is heartbreaking, particularly for our seniors who won't be able to compete in their final sport seasons, yet I know how strong they are. This unprecedented conclusion to the school year will allow them to grow and prepare for the challenges that lie ahead.

Athletic competition is not just about winning and losing; it is also about the relationships players develop with their teammates and coaches. Accordingly, our coaches will continue to post daily workouts and conduct weekly meetings. It is important students continue to fully participate to earn sport credits for this season. In addition, I encourage students to continue to work out, so they develop as players in their respective sports and continue to enjoy the camaraderie of their teammates.

We will collect winter and spring uniforms on the dates below. Please bring uniforms to campus and drop off at the dates/times listed or contact coaches about making other arrangements. We will have an area set up to collect items in the circle drive in front of the LFAC.

Uniform Turn-In – LFAC circle drive  
Wednesday, April 29 – 4:00 – 6:00 pm  
Saturday, May 2 – 9:00-11:00 am

In my first broadcast this year, I shared a story about the number of seconds in a day. Today, I share this with you again. Unfortunately, our circumstances are not what we expected, however, each of us has 86,400 seconds today; they are a gift. Take advantage of today—be the best version of yourself and continue to develop into tomorrow's leaders. We will get through this because together we are strong. I am thankful to be the AD at Country Day, and I look forward to the day when we are back together.

I miss you and look forward to being back on campus and participating in athletics as soon as possible. Be safe and stay healthy!

Go Indians!

Dennis Coyle

## 86,400

Imagine there is a bank account that credits your account each morning with \$86,400. It carries over no balance from day to day. Every evening the bank deletes whatever part of the balance you failed to use during the day. What would you do? Draw out every cent, of course?

Each of us has such a bank. Its name is TIME. Every morning, it credits you with 86,400 seconds. Every night it writes off as lost, whatever of this you have failed to invest to a good purpose. It carries over no balance. It allows no overdraft. Each day it opens a new account for you. Each night it burns the remains of the day. If you fail to use the day's deposits, the loss is yours. There is no drawing against "tomorrow." You must live in the present on today's deposits. Invest it to get from it the utmost in health, happiness and success!

The clock is running!! Make the most of today.

To realize the value of ONE YEAR, ask a student who missed a season due to injury.

To realize the value of ONE MONTH, ask a mother who has given birth to a premature baby.

To realize the value of ONE WEEK, ask the editor of a weekly newspaper.

To realize the value of ONE MINUTE, ask a person who just missed a train.

To realize the value of ONE SECOND, ask someone who just avoided an accident.

To realize the value of ONE MILLISECOND, ask the person who won a silver medal at the Olympics.

Treasure every moment that you have! And treasure it more because you shared it with someone special, special enough to spend your time with. And remember time waits for no one.

**Yesterday is history. Tomorrow is a mystery. Today is a gift. That's why it's called the present.**