

What an amazing year. We began with an outstanding fall season that included a state championship by our womens soccer team. Our volleyball team reached the regional finals. Sam Pettengill finished in 8th place at the OHSAA state golf championships, and Natalie de Beer was a state qualifier in cross country. As we moved to the winter season, CCDS continued to excel as both of its basketball programs won the MVC, and our girls made history becoming the first womens basketball team in school history to reach the sweet 16 and regional finals. Our swim and dive team qualified six individuals for the state meet in Canton, and our women's swimming team finished 12th in Ohio. We were excited about the prospect of watching our spring athletes continue their

Our spring athletes missed the final chapters of their high school careers, and we sorely missed watching them perform. Unfortunately, as we go through life, obstacles are placed before us, and we must face those challenges and overcome them. Several times this year I have referenced the 86,400 seconds that we have each day. I encouraged our athletes to focus on the present and make the most of it. No matter what obstacles we face, we still have choices to make about how we live. No matter the circumstances you encounter, wake up and say – I will embrace today! Today, I will be the best version of myself, and I will have a great day. I will not let things beyond my control negatively affect my life.

I ask all our spring athletes who lost their senior season not to focus on what was taken away but rather to reflect on the amazing relationships and moments you created during your time at CCDS. After reading this, reflect specifically on your previous spring seasons. Think of your coaches and the life lessons and skills they taught you. Think of the schools and athletes you competed against and your rivals who helped you become your best. Most importantly think about your teammates – your friends who attended practices with you, joked with you in the locker room or on the buses as you traveled to games. Think of your teammates and the moments you shared after a big win and even times after a disappointing loss. As you reflect on what spring sports have meant to you, it will always be with you, and no one or pandemic can take that away. WE ARE COUNTRY DAY – and we will be back and competing again. And seniors, you must return and share in the excitement and the community that is Country Day. On behalf of the administration, teachers, coaches, parents, and your fellow teammates, thank you senior athletes for your involvement with CCDS Athletics. We will miss you and WE LOVE YOU!

Go Indians!

Dennis Coyle Athletic Director

Cincinnati Country Day School

success when the season was abruptly shut down.

<u>Click here</u> for a tribute to spring athlete seniors. Special thanks to the coaches and to Sam Jaccaci for creating this video.

# **CCDS Seniors moving on to play in college**

Name	Sport	College		
Katie Brock	Soccer	Northern Kentucky University		
Lawson Renie	Soccer	University of Tennessee		
Joely Virzi	Soccer & Track	Middlebury College		
Ethan Howard	Baseball	Ohio Dominican University		
Catherine Collett	Cross Country & Track	Sewanee University		
Katie Ashwell	Track	Belmont University		











# **Looking Back – 2019-2020 Team Recaps**

### **Fall Recap**

#### **BOYS SOCCER**

MVC 1St Team - Dylan Hacker, Riley Michalski, Cader Rowe

MVC 2nd Team - Trey Vredeveld

MVC Honorable Mention - Dereck Gray, Jack Wright

All Southwest Ohio - Cader Rowe, Riley Michalski, Dylan Hacker

# **GIRLS SOCCER**

MVC Champions/Regional Champions/District Champions/ STATE CHAMPIONS (Back to Back)

MVC 1st Team: Lawson Renie (MVC Player of the Year), Kate Brock, Jenna Setters, Joely Virzi, Alex Vredeveld

MVC 2nd Team: Sarah Zimmerman

MVC Honorable Mention: Jada Moorman, Sabrina Buechly

All-City - Lawson Renie, Kate Brock, Joely Virzi, Alex Vredeveld

All-State - Lawson Renie (State Player of the Year), Kate Brock

All-Region – Lawson Renie, Kate Brock

All-American - Lawson Renie

Theresa Hirschauer – Named National Coach of the Year

# **TENNIS**

MVC 2nd Team - Abby Blum, Sophie O'Brien, Rowan Castrucci, Sabrina DelBello

MVC Honorable Mention: Georgie Masterson, Priya Thompson

GCTCA All City Honorable Mention - Rowan Castrucci, Sabrina DelBello

#### **VOLLEYBALL**

MVC Champions/District Champions/Regional Runner Up

MVC 1st Team: Kam Jordan (MVC Player of the Year), Liz Brock, Daisy McClean, Julia Recker

MVC Honorable Mention: Alexa Bailey, Catherine Kreidler

All-City - Kamryn Jordan

All-SW District – Kamryn Jordan

#### **CROSS COUNTRY**

MVC 1st Team - David Morales, Natalie de Beer

State Qualifier - Natalie de Beer

#### **GOLF**

MVC 2nd Team - Sam Pettengill, Matthew Castrucci

State Qualifier – Sam Pettengill (8th Place)

\*FB Players were not eligible for end of season awards as a result of canceling games in 2018.











#### **Winter Recap**

# Boys Basketball

**MVC Champions** 

MVC First Team: Matthew Adkin (Player of the Year) & RT Adkins

MVC Second Team: Mason Mack, Wynton Jackson

MVC Honorable Mention: Jackson Campbell, Franco Valentin

MVC Coach of the Year: Greg Ross

Boys Basketball was MVC Champs (10-0 in the MVC)

1st Team All City: Matthew Adkins

Honorable Mention All-City: RT Adkins

All-District: Matthew Adkins & RT Adkins

District 16 Asst. Coach of the Year: Tony Waite

All-State: Matthew Adkins (Honorable Mention)

#### Girls Basketball

MVC Champions/District Champions/Regional Runner Up

MVC First Team: Kamryn Jordan, Sabrina DelBello

MVC Second Team: Sarah Zimmerman, Marley Cox

MVC Honorable Mention: Daisy McClean, Alexa Bailey

2nd Team All City - Sarah Zimmerman

Honorable Mention All City: Marley Cox and Alexa Bailey

All-District: Kamryn Jordan (Player of the Year) and Sabrina DelBello

District 16 Coach of the Year: John Snell

All-State: Kamryn Jordan (Third Team), Sabrina DelBello (Honorable Mention)

\*\* Girls won the first district championship in school history (regional finalists), John Snell won 300 games, and Sabrina DelBello scored her 1,000th point \*\*

#### Swimming & Diving

Girls Team Finished 12th in State of Ohio

MVC First Team: Sam Pettengill, Tommy Scheer, Christopher Langenbahn, Reese Hettinger, Mia Latimer, Grace

Ramirez

MVC Second Team: Griffin McAndrew, Lauren Hettinger, Maggie Gardner

1st Team All-City - Sam Pettengill, Camille Huxol, Grace Ramirez, Mia Latimer

State Qualifiers: Sam Pettengill, Grace Ramirez, Mia Latimer, Maggie Gardner, Lauren Hettinger, Camille Huxol

All-State: Same Pettengill, Grace Ramirez, Mia Latimer

#### Wrestling

MVC First Team: Noah Wise

Honorable Mention All-City: Noah Wise and Tristen Davis

#### **Gymnastics**

OHSAA Team Sportsmanship Award - Cate Collett

Honorable Mention Enquirer All-Area - Jasmine Gonzales and Cate Collett

Coaches Association All-City Team -Jasmine Gonzales

State Scholar Athlete -Cate Collett, Elena Hamall and Katie Ashwell











# **Spring Pre-Season Accolades**

Baseball

Prep Baseball Ohio 1st Team All State - Ethan Howard, Jackson Campbell and Payton Ebbing

#### **MIDDLE SCHOOL ATHLETICS 2019-20**

The MS athletic program is an extension of the middle school classroom. Athletics at CCDS provide opportunities not only to grow in sport-specific skills and team concepts, but they also develop many life skills including persistence, commitment, hard work, integrity, determination, sportsmanship, trust, and communication to name a few.

Our 7th and 8th grade athletes represented CCDS extremely well this school year. Daily, they demonstrated the school's Virtues in Action during practices and competitions. The growth of individual athletes and teams were evident throughout the season. Learning and growing as student-athletes is always our priority, however, we enter every game and contest with a goal to earn a victory. Even with the unfortunate loss of the spring season, we earned multiple accolades that should be celebrated.











#### Fall 2019

Football: 7-1 overall - most wins for MS team in at least 15 years. The team outscored its opponents 288 - 88.

Girls Cross Country: MVC League Champs; Addie Robillard 1st Place City Championship

Girls B-Team Volleyball: Reached the semi-finals in MVC League Tournament

#### Winter:

Swimming: Coed 2nd place at City Meet, Girls 1st place at City Meet

Boys A-Team Basketball: Undefeated 12-0 season, MVC League Champs

Girls B-Team Basketball: MVC League Champs

Girls Gymnastics: 4th Place Team finish at City Meet; Gracie Mitchell 1st on Floor and 4th on Beam; Alison

Ramage: 2nd on Beam, 1st on Bars, 1st All-Around

Wrestling: Two 2nd and one 3rd place finish in MVC League Meet

#### ATHLETIC BOOSTERS MEMBERSHIP

Country Day Athletic Boosters Annual Membership Levels and Benefits	Varsity Club \$25	Champions Club \$150	Athletic Director Club \$500+
Booster Club Decal			
Admission to ALL HOME sporting events			
Official Country Day Stadium Seat			

# **SIGN UP HERE TO SUPPORT ATHLETIC AT CCDS**

# HTTPS://WWW.COUNTRYDAY.NET/ATHLETICS/ATHLETIC-BOOSTERS









